



## New Books at the DCSI Library Collection

These are recently purchased books that many parents and carers will find useful to support toilet training with their children.

These books are available for loan through the Public Library service in South Australia using your One Card public library membership.

### New Reference Books for Children:

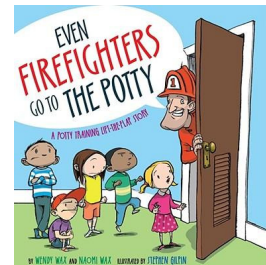
#### **Even Fire Fighters Go To The Potty.**

Written by Wendy Wax and Naomi Wax. Illustrations by Stephen Gilpin. Published 2008.

This is a hardcover book with sturdy lift-the-flap pages, brightly coloured illustrations and easy to read text.

The story humorously illustrates that there are many people (including fire fighters and doctors) who need to take time to go to the toilet. The American terminology of 'potty' is used throughout, but the Australian terminology of 'toilet' could be easily used instead.

Entertaining and appropriate for preschool and primary aged children.

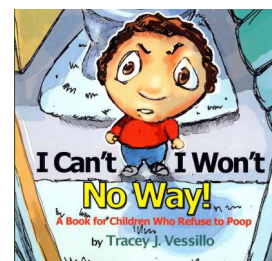


#### **I Can't, I Won't, No Way!**

Written by Tracey J. Vessillo. Illustrations by Mike Motz. Published 2011.

This is a paperback book with bright illustrations and a short rhyming text on each page.

The story is about a young child who is frightened of using the toilet. The story describes the child 'holding on' and hiding instead of using the toilet. It also describes feelings of being sad and scared. Eventually the child does manage to sit on the toilet successfully and is no longer frightened! A simple story that acknowledges a child's fears about the toilet but provides gentle encouragement to keep trying.



Appropriate for preschool and primary aged children.

## **New Reference Books for Parents:**

### **Constipation, Withholding and Your Child. A Family Guide to Soiling and Wetting.**

Written by Anthony Cohn. Published 2007.

Anthony Cohn is a consultant Paediatrician in the UK.

This easy to read book provides information and practical advice for families who are managing constipation difficulties with their child. It includes information about how to recognise constipation, the importance of diet and common medical approaches. There is a chapter on bedwetting, as well as information about bowel issues for children with developmental disabilities.



This is not a toilet training book but it does provide useful information about the medical and dietary management of constipation, and tips for the management of withholding behaviour in children.

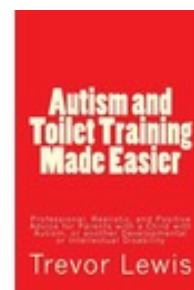
### **Autism and Toilet Training Made Easier. Professional, realistic and positive advice for parents with a child with Autism, or other Developmental or Intellectual Disability.**

Written by Trevor Lewis. Published 2013.

Trevor Lewis is a Psychologist and Behaviour Specialist in New Zealand.

This book addresses toilet training for children with Autism, but many of the principles can be applied to other children with developmental disabilities.

A very specific toilet training approach, the 'Dior Method' is described in step by step detail, including suggestions for night time training, practical strategies for 'what if....' situations and positive guidance to support toilet training.



It is recommended that families seek individual advice about the most appropriate toilet training strategies for their child.