

# Country Children's Services Disability SA



Government of South Australia

Department for Communities  
and Social Inclusion

## Country Children's Services

We provide a range of services to children including:

- supporting families in their caring role
- supporting children in their development
- early childhood support services.

### Our approach—working together

As families are key in supporting their child's development, we provide a family-centred approach.

We tailor services to your child's needs in their natural environment, such as the home, childcare or school. We will work together to:

- identify and build on the strengths and interests of your child and family
- work with you to identify goals for your child and family
- work with you to develop and implement strategies to meet the agreed goals for your child.



### Services may include:

- disability specific case management and coordination of supports with therapeutic outcomes
- family support and information
- some individual therapies
- therapeutic group programs for children and/or parents
- early intervention packages.

### Case management

Country Children's Services provides therapeutic case management to children and families. Our case managers can support the whole family by providing:

- assistance for your family to meet the needs of your child with disability or developmental delay
- support to find solutions for everyday difficulties and complex issues
- help to negotiate with other services
- support during times of change in your child's life, such as starting kindergarten or school
- support for siblings
- parent-to-parent support opportunities
- support during times of crisis.

## Our staff

Services to children are provided by a range of staff, which vary across offices. These may include social workers, developmental educators, case managers and allied health workers specialising in autism. Some regional offices have occupational therapists, speech therapists and psychologists.

## Our group programs

Group programs for children and parents are provided in some country regions. Groups can help your child learn new skills and gain confidence while socialising with other children. Groups are kept small and personalised, and are held in safe and supportive environments. Attending groups is also an opportunity for parents to meet and share experiences with other families in similar situations.

Some of the group programs provided by Country Children's Services include:



## Sleepwise

You will learn about typical sleep, sleep disturbance in young children and intervention strategies. At the end of the group sessions, you will have an individual sleep management plan for your child.

## Toilet Time

You will get help with your child's toilet training, learn toilet training strategies and be provided with a personalised training program for your child.

## LEGO® group

This is a fun, social activity where your child will have an opportunity to develop and learn through play

## Living with Autism Spectrum Disorder

Parents of children with autism spend time with other parents, discussing and sharing strategies that families have found helpful.

For more information about group programs and availability, contact your local office.





## Contact details for local country offices

For more information about Disability SA's Country Children's Services contact your local office:

### Country North

Ceduna (08) 8625 2129  
Clare (08) 8841 2500  
Kadina (08) 8821 0200  
Port Augusta (08) 8641 1600  
Port Lincoln (08) 8688 3564  
Port Pirie (08) 8638 4981  
Whyalla (08) 8648 8686

### Country South

Berri (08) 8582 2400  
Mount Gambier (08) 8735 1800  
Murray Bridge (08) 8535 6160

## Disability Information


For information about disability services in South Australia phone 1300 786 117 (9am to 5pm weekdays) email [disabilityinfo@dcsi.sa.gov.au](mailto:disabilityinfo@dcsi.sa.gov.au) or visit the website [www.sa.gov.au/topics/community-support/disability](http://www.sa.gov.au/topics/community-support/disability)

## Feedback

DCSI Client Feedback  
GPO Box 292 Adelaide SA 5001  
[clientfeedback@dcsi.sa.gov.au](mailto:clientfeedback@dcsi.sa.gov.au)  
1300 786 117 (9am to 5pm weekdays) or phone a local office [www.dcsi.sa.gov.au/feedback](http://www.dcsi.sa.gov.au/feedback)

## Alternative formats

The information in this publication can be provided in an alternative format or another language on request by calling (08) 8266 5260.

 **Follow us on Twitter at:** [www.twitter.com/SA\\_DCSI](http://www.twitter.com/SA_DCSI)  
[www.dcsi.sa.gov.au](http://www.dcsi.sa.gov.au)

Stock images appear in this publication. These images are for illustrative purposes only, and people depicted in these images may not be associated with the publication's subject matter.